

What is the NAMI Connection Peer Recovery Support Group Program?

NAMI Connection is a recovery support group program that offers respect, understanding, encouragement and hope. NAMI Connection groups are:

- Free and confidential
- Held weekly for 90 minutes
- Designed to connect, encourage, and support participants using a structured support group model
- Led by trained facilitators living in recovery themselves

NAMI Connection group meets the 2nd and 4th Thursday of each month, 6:30pm to 8:00pm at St. James Church, 644 Penn Ave, West Reading PA 19611

*The entrance is the glass door at the rear of the church on Cherry Street. Parking is available on street or the public lot between Franklin and Cherry behind the church; enter from Franklin Street.



Participant Perspectives

“NAMI Connection has made me realize that I can truly feel comfortable around my peers and I really needed that feeling!”

“I believe NAMI Connection means hope.”

“NAMI Connection is the promise of what is and what can be in our lives.”

Contact us to find out more about NAMI Connection Recovery Support Groups!



nami Berks County, PA
National Alliance on Mental Illness

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About NAMI

NAMI, the National Alliance on Mental Illness, is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. NAMI Berks County PA is an affiliate of NAMI Keystone PA. NAMI Berks County PA and dedicated volunteer members and leaders work tirelessly to raise awareness and provide essential education, advocacy and support group programs for people in our community living with mental illness and their loved ones.